

LUNCH MENU

JUNE 2024



Monday	Tuesday	Wednesday	Thursday	Friday
O3 Turkey on Oat Bread Sliced Turkey, 2oz Provolone Cheese, 1oz WG Oat Bread, 2oz Fresh Vegetable Sticks, 1/2c Flavored Applesauce, 1/2c Low-Fat Mayo, 1ea Low-Fat Ranch, 1ea 1% White Milk, 8oz	04 It's Brunch Time! Hardboiled Egg, 1ea Strawberry Yogurt, 4oz WG Blueberry Muffin, 2oz Fresh Carrots, 1/2c Whole Plum, 1/4c Low-Fat Ranch, 1ea FF Chocolate Milk, 8oz	05 Chicken Dippers WG Breaded Nuggets, 3oz (5) WG Sun Chips, 1oz Fresh Broccoli, 1/4c Fresh Watermelon, 1/2c BBQ Sauce, 1ea Ketchup, 1ea Low-Fat Ranch, 1ea 1% White Milk, 8oz	O6 Flatbread Pizza Stacker WG Flatbread, 2oz Mozzarella Cheese, 2oz Turkey Pepperoni, 2oz Marinara Sauce, 1oz Fresh Green Pepper Slices, 1/3c Fresh Whole Pear, 1/2c FF Chocolate Milk, 8oz	O7 Nacho Day Grilled Chicken, 2oz Cheddar Cheese, 1oz WG Tortilla Chips, 1oz Red Salsa, 1/2c Fresh Strawberries, 1/2c Sour Cream, 1ea Taco Sauce, 1ea 1% White Milk, 8oz
# of Leftovers	# of Leftovers	# of Leftovers	# of Leftovers	# of Leftovers
10 Café Turkey Club Sliced Turkey, 2.5oz American Cheese .5oz WG Bread, 2oz (2ea) Dill Pickle, 1/4c Whole Apple, 1/2c, Low-Fat Mayo, 1ea Mustard, 1ea FF Chocolate Milk, 8oz	11 Walking Taco Grilled Chicken, 2oz Cheddar Cheese, 1oz WG Nacho Doritos, 1oz Salsa, 1/2c Whole Peach, 1/2c Taco Sauce, 1ea 1% White Milk, 8oz	12 Breakfast for Lunch Peach Yogurt, 8oz WG Honey Scooters Cereal, 1oz Fresh Strawberries, 1/2c Whole Orange, 1/2c 1% White Milk, 8oz	13 Grilled Chicken Salad Grilled Chicken, 2oz Cheese Cubes, 1oz WG Dinner Roll, 1oz WG Croutons, .25oz (1ea) Romaine Lettuce, 3/4c Fresh Grapes, 1/2c Low-Fat Ranch, 1ea FF Chocolate Milk, 8oz	14 Bagel Day WG Plain Bagel, 2oz (1ea) Mozz Cheese Stick, 1oz (1) WOW Butter, 1.1oz Fresh Celery, 1/2c Fresh Blueberries, 1/4c Cream Cheese, 1ea FF Chocolate Milk, 8oz
# of Leftovers	# of Leftovers	# of Leftovers	# of Leftovers	# of Leftovers
17 Sunbutter Sandwich Sunbutter Sandwich, 2.6oz Mozzarella Stick, 1oz WG Cheddar Crackers, .75oz Fresh Broccoli, 1/2c Whole Apple, 1/2c 1% White Milk, 8oz	18 Cracker Stacker Turkey Ham Squares, 2oz Cheese Cubes, 1oz WG Crackers, .7oz (3ea) Fresh Carrots, 1/2c Fresh Plum, 1/2c Low-Fat Ranch, 1ea FF Chocolate Milk, 8oz	19 Parfait Day Vanilla Yogurt, 4oz Sunflower Seeds, 1oz (1ea) WG Granola, 1oz Diced Peaches,1/2c Fresh Blueberries, 1/4c FF Chocolate Milk, 8oz	20 Chopped Salad Mozz Cheese Stick, 2oz (2) WG Breadstick 1oz, (1ea) WG Croutons, .25oz (1ea) Chopped Lettuce, 3/4c Fresh Grapes, 1/2c Marinara Sauce, 1oz Low-Fat Ranch, 1ea 1% White Milk, 8oz	21 Ham and Swiss Sliced Turkey Ham, 2oz Colby Jack Cheese, .75oz WG Pretzel Roll, 2oz Fresh Carrots 1/4c Fresh Cantaloupe, 1/2c Mustard, 1ea Low-Fat Ranch, 1ea 1% White Milk, 8oz
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24 Bite Size Day Turkey Bites, 1oz Cheese Stick, 1oz WG Pretzels, .7oz (1ea) Fresh Grape Tomatoes, 1/4c Fresh Plum, 1/2c Low-Fat Ranch, 1ea FF Chocolate Milk, 8oz	25 Turkey on Oat Bread Sliced Turkey, 2oz Provolone Cheese, 1oz WG Oat Bread, 2oz Fresh Vegetable Sticks, 1/2c Flavored Applesauce, 1/2c Low-Fat Mayo, 1ea Low-Fat Ranch, 1ea 1% White Milk, 8oz	26 Southwest Pita Grilled Chicken, 2oz Cheddar Cheese, 1oz WG Pita, 1oz (1ea) WG Croutons, .25oz (1ea) Fresh Bell Peppers, 1/4c Whole Nectarine, 1/2c Taco Sauce, 1ea FF Chocolate Milk, 8oz	27 It's Brunch Time! Hardboiled Egg, 1ea Strawberry Yogurt, 4oz WG Blueberry Muffin, 2oz Fresh Carrots, 1/2c Whole Plum, 1/4c Low-Fat Ranch, 1ea 1% White Milk, 8oz	28 Flatbread Pizza Stacker WG Flatbread, 2oz Mozzarella Cheese, 2oz Turkey Pepperoni, 2oz Marinara Sauce, 1oz Fresh Green Pepper Slices, 1/3c Fresh Whole Pear, 1/2c FF Chocolate Milk, 8oz
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