



Lunch

JULY 2024



Monday	Tuesday	Wednesday	Thursday	Friday
01 Walking Taco Grilled Chicken, 2oz Cheddar Cheese, 1oz WG Nacho Doritos, 1oz Salsa, 1/2c Peach, 1/2c Picante Sauce, 1ea 1% White Milk, 8oz # of Leftovers <input type="text"/>	02 Café Turkey Club Sliced Turkey, 2.5oz American Cheese .5oz WG Bread, 2oz (2ea) Dill Pickle, 1/4c Apple, 1/2c, Mayo, 1ea Mustard, 1ea FF Chocolate Milk, 8oz # of Leftovers <input type="text"/>	03 Flatbread Pizza WG Flatbread, 2oz Mozzarella Cheese, 2oz Turkey Pepperoni, .5oz Marinara Sauce, 1oz Green Pepper Slices, 1/3c Pear, 1/2c 1% White Milk, 8oz # of Leftovers <input type="text"/>	04  NO MEALS DELIVERED # of Leftovers <input type="text"/>	05 Chicken Dippers WG Breaded Nuggets, 3oz (5) WG Sun Chips, 1oz Broccoli, 1/4c Watermelon, 1/2c BBQ Sauce, 1ea Ketchup, 1ea Ranch, 1ea FF Chocolate Milk, 8oz # of Leftovers <input type="text"/>
08 Cracker Stacker Turkey Ham Squares, 2oz Cheese Cubes, 1oz WG Crackers, .7oz (4ea) Carrots, 1/2c Plum, 1/2c Ranch, 1ea 1% White Milk, 8oz # of Leftovers <input type="text"/>	09 Sunbutter Sandwich Sunbutter Sandwich, 2.6oz Mozzarella Stick, 1oz WG Cheddar Crackers, .75oz Broccoli, 1/2c Apple, 1/2c FF Chocolate Milk, 8oz # of Leftovers <input type="text"/>	10 Breakfast for Lunch Peach Yogurt, 8oz Honey Scooters Cereal, 1oz Strawberries, 1/2c Fresh Orange, 1/2c 1% White Milk, 8oz # of Leftovers <input type="text"/>	11 Bagel Day WG Plain Bagel, 2oz Mozz Cheese Stick, 1oz WOW Butter, 1.1oz Celery, 1/2c Blueberries, 1/4c Cream Cheese, 1ea FF Chocolate Milk, 8oz # of Leftovers <input type="text"/>	12 Grilled Chicken Salad Grilled Chicken, 2oz Cheese Cubes, 1oz WG Dinner Roll, 1oz WG Croutons, .25oz (1ea) Romaine Lettuce, 3/4c Grapes, 1/2c Ranch, 1ea 1% White Milk, 8oz # of Leftovers <input type="text"/>
15 Southwest Pita Grilled Chicken, 2oz Cheddar Cheese, 1oz WG Pita, 2oz (1ea) Peppers, 1/4c Nectarine, 1/2c Taco Sauce, 1ea FF Chocolate Milk, 8oz # of Leftovers <input type="text"/>	16 Bite Size Turkey Bites, 1oz Cheese Stick, 1oz Pretzels, .7oz (1ea) Grape Tomatoes, 1/2c Plum, 1/4c Ranch, 1ea 1% White Milk, 8oz # of Leftovers <input type="text"/>	17 Chopped Salad Mozz Cheese Stick, 2oz (2) WG Breadstick 1oz, (1ea) WG Croutons, .25oz (1ea) Chopped Lettuce, 3/4c Grapes, 1/2c Marinara Sauce, 1oz Ranch, 1ea FF Chocolate Milk, 8oz # of Leftovers <input type="text"/>	18 Ham and Swiss Sliced Turkey Ham, 2oz Monterrey Jack Cheese, .75oz Pretzel Roll, 2oz Carrots, 1/4c Cantaloupe, 1/2c Mustard, 1ea Ranch, 1ea 1% White Milk, 8oz # of Leftovers <input type="text"/>	19 Parfait Day Vanilla Yogurt, 4oz Sunflower Seeds, 1oz (1ea) Granola, 1oz Pretzels, .75oz (1ea) Diced Peaches, 1/2c Blueberries, 1/4c FF Chocolate Milk, 8oz # of Leftovers <input type="text"/>
22 Turkey on Oat Bread Sliced Turkey, 2oz Provolone Cheese, 1oz Oat Bread, 2oz Vegetable Sticks, 1/2c Flavored Applesauce, 1/2c Mayo, 1ea Ranch, 1ea 1% White Milk, 8oz # of Leftovers <input type="text"/>	23 It's Brunch Time! Hardboiled Egg, 1ea Strawberry Yogurt, 4oz WG Blueberry Muffin, 2oz Carrots, 1/2c Plum, 1/4c Ranch, 1ea FF Chocolate Milk, 8oz # of Leftovers <input type="text"/>	24 Chicken Dippers WG Breaded Nuggets, 3oz (5) WG Sun Chips, 1oz Broccoli, 1/4c Watermelon, 1/2c BBQ Sauce, 1ea Ketchup, 1ea Ranch, 1ea 1% White Milk, 8oz # of Leftovers <input type="text"/>	25 Flatbread Pizza WG Flatbread, 2oz Mozzarella Cheese, 2oz Turkey Pepperoni, .5oz Marinara Sauce, 1oz Green Pepper Slices, 1/3c Pear, 1/2c FF Chocolate Milk, 8oz # of Leftovers <input type="text"/>	26 Nacho Day Grilled Chicken, 2oz Cheddar Cheese, 1oz WG Tortilla Chips, 1oz Red Salsa, 1/2c Strawberries, 1/2c Sour Cream, 1ea Taco Sauce, 1ea 1% White Milk, 8oz # of Leftovers <input type="text"/>
29 Café Turkey Club Sliced Turkey, 2.5oz American Cheese .5oz WG Bread, 2oz (2ea) Dill Pickle, 1/4c Apple, 1/2c, Mayo, 1ea Mustard, 1ea FF Chocolate Milk, 8oz # of Leftovers <input type="text"/>	30 Walking Taco Grilled Chicken, 2oz Cheddar Cheese, 1oz WG Nacho Doritos, 1oz Salsa, 1/2c Peach, 1/2c Picante Sauce, 1ea 1% White Milk, 8oz # of Leftovers <input type="text"/>	31 Bagel Day WG Plain Bagel, 2oz Mozz Cheese Stick, 1oz WOW Butter, 1.1oz Celery, 1/2c Blueberries, 1/4c Cream Cheese, 1ea FF Chocolate Milk, 8oz # of Leftovers <input type="text"/>		

**** Use the boxes to help you keep track of your leftovers ****

Contact Joy Prospal at (630) 443-6910 x177 to adjust your delivery amounts so that you are able to use up all of your leftovers.